

2026-2027 NTX Cross Country Policies

1. UIL guidelines will be followed for eligibility to enter events.
2. As per UIL rules, no team or student shall compete in more than 6 meets, including the District meet.
3. Most cross country meets will be held on Mondays with the exception of the second meet which will be held on a Saturday.
4. Week 5 will be an Area Meet for each conference. The top 4 teams and top 10 individuals in each conference will advance to the District Meet.
5. Cross Country meets will start at 5:00 pm.
6. The below race order and time schedule will be followed:

XC RACE SCHEDULE	
7th Girls	5:00 PM
7th Boys	5:30 PM
8th Girls	6:00 PM
8th Boys	6:30 PM

7. All 4 divisions (7G, 7B, 8G, 8B) will run a 2-mile race.
8. The top 10 individual finishers will be awarded medals and/or ribbons. At the District meet, the 1st place and runner-up teams in each division will receive a trophy.
9. We will have 2 races with unlimited entries (8/31 & 9/12) for each division and 2 races with 20 entries per division (9/21 & 9/28). For the area meet (10/5), 10 entries are allowed.